



**You're in good hands with us!**

**And can enjoy the benefits.**

Look no further if you need the right extra service for every situation in life, either close to your doorstep or from the comfort of your own home! With over 25 IKK BB branches in Brandenburg and Berlin, together with our digital online branch, we're always available for you.



### BONUS PROGRAMME: MONEY-BACK SERVICE WITH THE IKK BB BONUSES

- For regular workouts at a gym or club 75 euros

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- Per preventive check-up for children and young people (U1 to U11 plus J1 and J2) 20 euros

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- Participation in health course ■ Complete vaccination protection ■ Cancer screening for women (20 years and over) ■ Skin cancer screening (every 2 years) ■ Health check-up ■ Cancer screening for men (45 years and over) ■ Flu vaccination ■ Dental check-up (adults) 10 euros each



### DIGITALE ONLINE-SERVICES

- **IKK BB App:** Your mobile access to all digital services such certificates of insurance, digital mailbox, family insurance and much more
- **Online branch:** Always available for you, allowing you to communicate your insurance concerns at any time in the data-protected area
- **Teleclinic:** Digital online appointment with a doctor without any long waiting times or queuing
- **E-prescription:** Receive your electronic prescription and present it at the pharmacy
- **Digital health apps (DiGAS):** Cost coverage for the prescription of a DiGA (digital health application) such as for tinnitus therapy (Kalmeda app) or anxiety disorders (Velibra app) and much more



### ALTERNATIVE MEDICINE: SUBSIDISATION OF INDIVIDUAL THERAPIES

- **IKK BB natural medicine account:** Allowance of up to 150 euros for individual persons and 300 euros for families from over 80 natural medicine treatments according to Hufeland directory
- **Osteopathy:** 80% of the invoice amount is reimbursed for treatments, up to a maximum of 200 euros a year
- **Homoeopathy:** Treatments provided by cooperating doctors
- **Acupuncture** for chronic knee and back pain

Turn over the page for more benefits!





## OPTIONAL TARIFFS: YOU'RE IN CONTROL AND YOU CAN CHOOSE THE TARIFF THAT SUITS YOU

- **Excess tariff** If you do not use any services or just a few, we'll reimburse you up to 600 euros per year
- **Medicinal products** for special therapies up to 200 euros per year
- **Sickness benefit** for full-time self-employed



## EXCELLENT DENTAL SERVICES

- **Professional dental cleaning:** Free annual dental cleaning at participating dentists or at the dentist of your choice with up to 40 euros allowance per year
- **Dentures:** 50% reimbursement and amount increases with annual appointments
- **More complex root canal treatments (endodontics) ▪ Smooth surface sealant** with allowance of up to max. 200 euros
- **Tooth decay in baby teeth:** Two additional early detection screenings for babies



## IKKIDS – THE HEALTH OF YOUR CHILDREN IS A PRIORITY FOR US



We have a wide range of services for the little ones:

- Early detection screenings (U10, U11, J2) ▪ 2 eye examinations ▪ Prescribed over-the-counter (OTC) medication for children between the ages 12 and 17 ▪ CRP test advice for choosing antibiotic prescriptions ▪ IKKkids medicine cabinet
- HPV vaccination advice ▪ Depression screening ▪ Social media addiction screening ▪ Eating disorder screening



## IN GOOD HANDS DURING AND AFTER PREGNANCY

In addition to statutory maternity benefits, expectant mothers can claim up to an additional 300 euros for:

- **Extended benefits:** ▪ Additional ultrasound scans ▪ Toxoplasmosis test ▪ Triple-test ▪ Nuchal translucency scan ▪ Antibody detection for chickenpox and fifth disease ▪ Group B streptococcus test ▪ Cytomegalovirus test and ▪ PH self-test
- Reimbursement of costs for non-prescription pharmacy-only medicines with active ingredients iron, magnesium or folic acid.
- **On-call midwife service ▪ Antenatal class for fathers ▪ Free pregnancy diary**



## COMPREHENSIVE VACCINATION PROTECTION

What we do:

- Full set of travel vaccinations and malaria prophylaxis for 50 euros ▪ All vaccinations according to STIKO ▪ HPV vaccination against cervical cancer up to the age of 28 ▪ Flu vaccines for all IKK BB policyholders ▪ Rotavirus vaccine for babies



## DISEASE MANAGEMENT

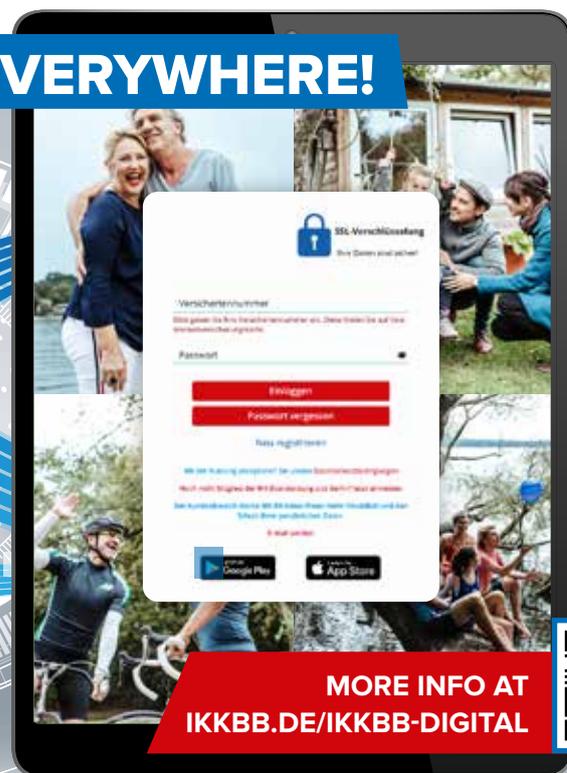
This programme is available to chronically ill IKK BB policyholders with a diagnosis of asthma, breast cancer, COPD, diabetes mellitus type 1, diabetes mellitus type 2, coronary heart disease (CHD), osteoporosis.

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# ACCESSIBLE, ALWAYS AND EVERYWHERE!

- Personal consultation at 25 IKK BB branches
- Free service hotline 0800 - 88 33 244
- IKKmed – medical consultation hotline 01802 455 633\* daily from 7 am to 10 pm (\* 6 cent/call from German landline)
- Callback service: ikkbb.de – search number: 923
- Emergency call service from abroad +49 (0)30 21 99 11 10 – available 24/7

And available 24/7 with the IKK BB app and at [MEINE.IKKBB.DE](https://www.meine.ikkbb.de) – the online branch!



MORE INFO AT [IKKBB.DE/IKKBB-DIGITAL](https://www.ikkbb.de/ikkbb-digital)

